

Name: \_\_\_\_\_

School: \_\_\_\_\_

## **Workplace Visit: Take Our Kids to Work Activity Booklet Career Exploration**

You can work through this booklet whenever you have time during the day. The questions and reflection activities are here to help you get the most out of your experience.

### **Career Exploration**

**Today is all about career exploration.** Whether you're at a workplace or participating virtually at your school, you'll likely have the chance to explore more than one job. Use the space below to list the job(s) you are learning about. You can add to the list as the day goes on.

Job(s) I have explored today:

Throughout the day, you will spend time with your supervisor. Ask them about their job! We've provided some questions to get you started, but feel free to ask your own. Your supervisor might also introduce you to other people in the workplace—see what you can learn about their jobs too.

👉 Remember to thank everyone you talk to today! 👉

Don't worry about answering all the questions—just fill in what you can.

Name: \_\_\_\_\_

School: \_\_\_\_\_

**Job 1 and Employee Name:** \_\_\_\_\_

What do you do in this job? What is a typical day like for you?	
What type of education and/or training is needed to enter this field?	
Why did you choose this job? What interests you about this type of work?	
What personal qualities and characteristics are important for success in this role?	
What do you like best about your job? What motivates you?	
Are there any aspects of your work that you dislike?	
What are some workplace hazards in this job, and how do you keep yourself safe and healthy at work?	

Name: \_\_\_\_\_

School: \_\_\_\_\_

<p>Which of the following skills do you think are most important for this job, and why?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Adaptability</li> <li><input type="checkbox"/> Collaboration</li> <li><input type="checkbox"/> Communication</li> <li><input type="checkbox"/> Creativity and Innovation</li> <li><input type="checkbox"/> Digital Skills</li> <li><input type="checkbox"/> Numeracy</li> <li><input type="checkbox"/> Problem Solving</li> <li><input type="checkbox"/> Reading</li> <li><input type="checkbox"/> Writing</li> </ul>	<p>Why?</p>
<p>What are your work hours like? Are they flexible? Do you work shifts? Can you work remotely?</p>	
<p>What did you enjoy about school when you were my age? What were your favorite classes? What type of student were you?</p>	
<p>How would you describe yourself as a teenager? What motivated you? What did you enjoy doing in your spare time?</p>	
<p>What advice would you give to someone my age who is considering a career in this field?</p>	
<p>Is there anything else about this job that people should know?</p>	

Name: \_\_\_\_\_

School: \_\_\_\_\_

**Job 2 and Employee Name:** \_\_\_\_\_

What do you do in this job? What is a typical day like for you?	
What type of education and/or training is needed to enter this field?	
Why did you choose this job? What interests you about this type of work?	
What personal qualities and characteristics are important for success in this role?	
What do you like best about your job? What motivates you?	
Are there any aspects of your work that you dislike?	
What are some workplace hazards in this job, and how do you keep yourself safe and healthy at work?	

Name: \_\_\_\_\_

School: \_\_\_\_\_

<p>Which of the following skills do you think are most important for this job, and why?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Adaptability</li> <li><input type="checkbox"/> Collaboration</li> <li><input type="checkbox"/> Communication</li> <li><input type="checkbox"/> Creativity and Innovation</li> <li><input type="checkbox"/> Digital Skills</li> <li><input type="checkbox"/> Numeracy</li> <li><input type="checkbox"/> Problem Solving</li> <li><input type="checkbox"/> Reading</li> <li><input type="checkbox"/> Writing</li> </ul>	<p>Why?</p>
<p>What are your work hours like? Are they flexible? Do you work shifts? Can you work remotely?</p>	
<p>What did you enjoy about school when you were my age? What were your favorite classes? What type of student were you?</p>	
<p>How would you describe yourself as a teenager? What motivated you? What did you enjoy doing in your spare time?</p>	
<p>What advice would you give to someone my age who is considering a career in this field?</p>	
<p>Is there anything else about this job that people should know?</p>	

Name: \_\_\_\_\_

School: \_\_\_\_\_

**Job 3 and Employee Name:** \_\_\_\_\_

What do you do in this job? What is a typical day like for you?	
What type of education and/or training is needed to enter this field?	
Why did you choose this job? What interests you about this type of work?	
What personal qualities and characteristics are important for success in this role?	
What do you like best about your job? What motivates you?	
Are there any aspects of your work that you dislike?	
What are some workplace hazards in this job, and how do you keep yourself safe and healthy at work?	

Name: \_\_\_\_\_

School: \_\_\_\_\_

<p>Which of the following skills do you think are most important for this job, and why?</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Adaptability</li> <li><input type="checkbox"/> Collaboration</li> <li><input type="checkbox"/> Communication</li> <li><input type="checkbox"/> Creativity and Innovation</li> <li><input type="checkbox"/> Digital Skills</li> <li><input type="checkbox"/> Numeracy</li> <li><input type="checkbox"/> Problem Solving</li> <li><input type="checkbox"/> Reading</li> <li><input type="checkbox"/> Writing</li> </ul>	<p>Why?</p>
<p>What are your work hours like? Are they flexible? Do you work shifts? Can you work remotely?</p>	
<p>What did you enjoy about school when you were my age? What were your favorite classes? What type of student were you?</p>	
<p>How would you describe yourself as a teenager? What motivated you? What did you enjoy doing in your spare time?</p>	
<p>What advice would you give to someone my age who is considering a career in this field?</p>	
<p>Is there anything else about this job that people should know?</p>	

Name: \_\_\_\_\_

School: \_\_\_\_\_

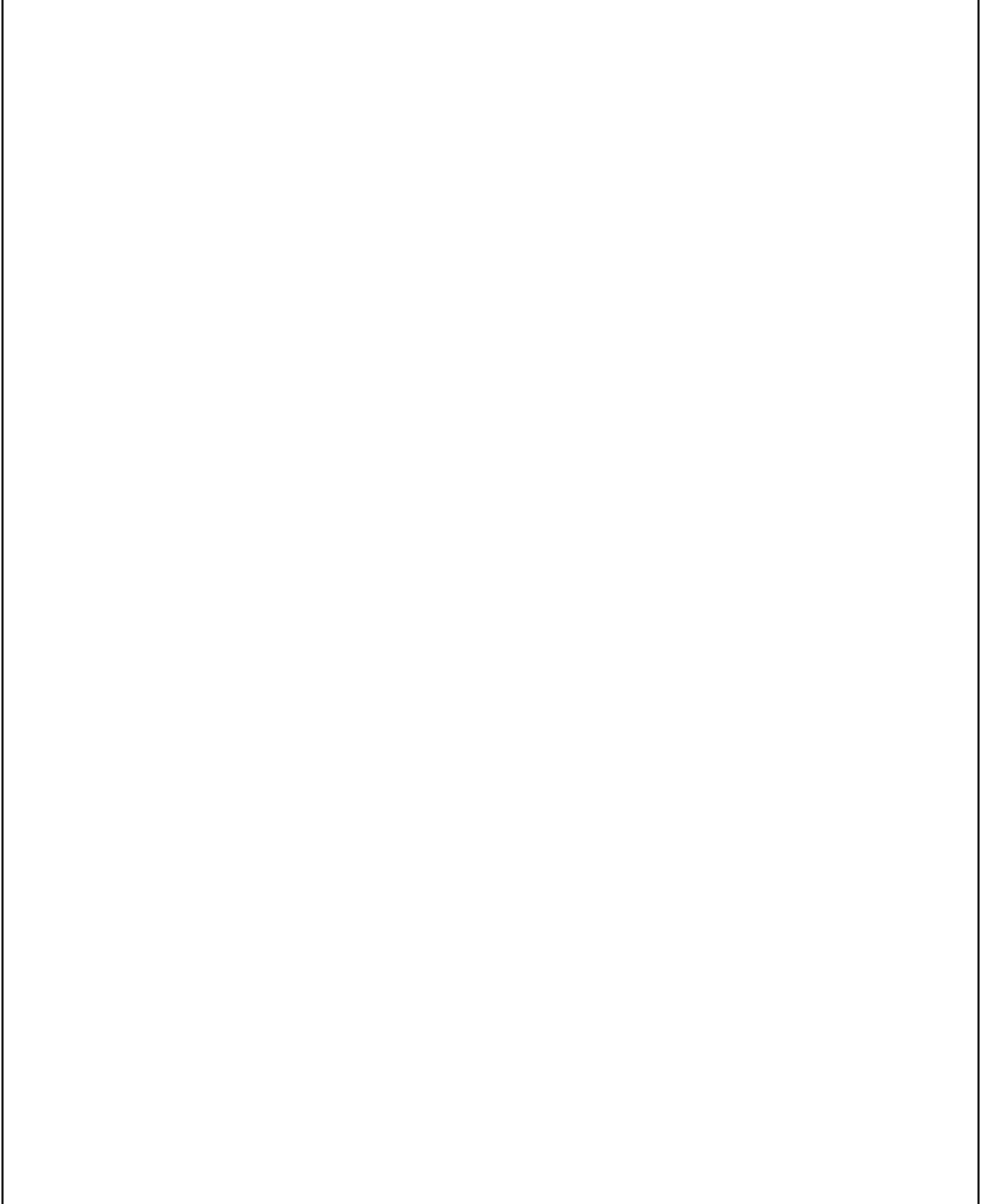
### **End of Day Reflection**

In the space below and on the next page, share what you learned about potential career pathway(s) today. You can include what you liked about the jobs you saw, what you found challenging, what you learned about workplace safety, about the education you need to do the work, etc. This is your space to think about your experiences.



Name: \_\_\_\_\_

School: \_\_\_\_\_

A large, empty rectangular box with a thin black border, occupying the central portion of the page. It is intended for a student to draw a picture or write a story related to their name and school.