

PUBLIC SERVICE WEEK CALENDAR OF EVENTS

JUNE 10 – JUNE 14, 2024

THEME: BANDING TOGETHER!

We are excited to announce the 2024 Public Service Week calendar of events. This year’s theme, **BANDING TOGETHER**, is about recognizing that by pooling our resources, talents, and efforts, we can achieve more together than we ever could alone.

As we kick off another exciting week full of fun and refreshing activities to celebrate you, our teams and colleagues across the civil service, we encourage you to take some time to enjoy the events and celebrate the contributions that all public service employees make in delivering quality services and programs to our Island community.

Charlottetown

Monday, June 10:

Time: 8:00 am Premier’s message via video to all civil service employees. [Click here](#) to watch Premier King’s video message.

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Time: 10:30 am – 11:00 am

Event: [Launch of Mapping our Diversity Ceremony](#)

Please access: the Diversity Map, the 3 step written instructions provided and a video demonstration on how to add a “Marker” [here](#).

Take a moment to place a pin on our digital map to represent your roots. As a tree with roots deep and wide, our diversity makes us stronger! *Please do not include personal identifying information in your pin.*

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Time: June 10 to June 14 at 4:00 pm

Event: [Launch of Banding Together Challenge](#)

Participation Instruction: Submissions to enter your teams and colleagues in a **DRAW** for a prize will be accepted via email psw@gov.pe.ca until end of work day June 14.

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Time: 1:00 pm – 2:00 pm

Event: [Relaxing Guided Meditation Session](#)

Venue: The Carriage House, 2 Kent Street, Charlottetown

Registration is required as space is limited. Register [here](#) to reserve a spot!

Please note: this session will be recorded and posted on the [Public Service Week page](#) the following day for those who can’t attend in person. Please bring your own yoga mat and pillow.

Guest Practitioner:

Alanna Stewart is a Reiki Master Practitioner and Yoga Teacher who has been offering reiki and yoga since 2017 and 2020, respectively. Through guided meditation, Alanna eases participants into a state of relaxation, helping them to reduce tension in the body and bring peace to the mind. Her 1:1 reiki sessions provide a similar experience and encourage participants to release any stress or negativity they don’t need. Alanna loves to support others in feeling calm, relaxed, and peaceful in the mind, body, and spirit.

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Activity: 15 – Minute Wellness Walk – get out for a walk for a great stress release!!!!

Tuesday, June 11:

Time: June 11 to June 14 at 4:00 pm

Event: [Launch of Public Service Week Scavenger Hunt](#) – participate at on your own time!!

Scavenger Instruction: Submissions will be accepted via email psw@gov.pe.ca until end of work day Friday, June 14 for a chance to **WIN great prizes!**

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Time: 11:30 am – 1:00 pm

Event: Animal Therapy with [Lexie’s Hobby Farm](#) and Banding Together with Music with [Frederic Duong](#) and Stephen Szwarc

Venue: Provincial Administration Building (PAB) Courtyard

Refreshment: ADL Ice cream Sandwiches will be served (lactose free options available)

**Monetary donations will be accepted in aid of [Blooming House](#)*

Special Guests:

Lexie’s Hobby Farm:

Lexie's Hobby Farm, located in the heart PEI, travels island wide to events, exhibitions, and much more. They travel with a miniature horse or donkey, a calf, goats, a pig(s) and rabbits.

Time: 11:30 am – 12:00 pm - Musician [Frederic Duong](#) - Vietnamese Guitarist

Frederic has 40 years of experience teaching classical, flamenco, and modern guitars. His musical career has been vast, and he has held high-ranking roles in the Vietnamese music industry. He is a former Dean of The Guitar Department at The Conservatory of Music in Vietnam, Vice President of the Vietnam-Spain Friendship Guitar Club, and Judge of the Guitar Concours in Vietnam. In 1980, Fredric achieved first place in the National Guitar Solo Competition held by the Cultural Center of Phu Nhuan District, as well as the 1982 Guitar Competition in Dong Nai Province, Vietnam.

Time: 12:00 pm – 1:00 pm - Music by Stephen Szwarc

Musical entertainment will be provided by the talented singer and guitarist, Stephen Szwarc.

Please remember to sanitize your hands after spending some quality time with the animals. Hand sanitizers will be strategically placed in the PAB Courtyard!

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Time: 1:30 pm – 3:00 pm

Event: Global Flavours Mocktails

Venue: Famous Fresh Market (Cafeteria) - Basement of Sullivan Bldg., Charlottetown

**Monetary donations will be accepted in aid of [Blooming House](#)*

Enjoy mingling with colleagues while sipping on iconic drinks like the **Sunkissed Symphony**, **Beat Bliss**, and **Rhythm Riot**.

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Wednesday, June 12:

Time: 8:00 am

Event: [Ice Breaker Conversations](#)

Venue: Your Work Location

Purpose: Break the silence, spark non-work conversations to be better acquainted with your colleagues and teammates. Here are [social suggestions and icebreakers prompts](#) to get you started on interesting conversations!

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Time: 11:30 am – 1:00 pm

Event: Long Term Service Awards Celebration

Venue: Rodd Royalty Inn

Purpose: Recognizing employees celebrating 20, 25, 30, 35, 40 and 45 years of service

Please note attendance for the Long-Term Service Award Celebration is by card invite only. If you confirmed your attendance, a seat has been reserved in your honor for you.

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Time: 12:30 am – 2:00 pm

Event: [Recharging Resilience Session](#)

Venue: The Carriage House, 2 Kent Street, Charlottetown

Registration is required as space is limited. Register [here](#).

Please note: this session will be recorded and available on the [Public Service Week page](#) for those who can't attend in person

Guest Speaker: [Tracey Gairns Brioux](#)

Tracey Gairns Brioux is the owner and operator of Reset:Breathe online fitness community, Resilience and Wellness speaker and mom of 4. She is a born and raised Islander who lives in Emyvale with her husband John, her kids Cole, Evy, Stella and Luke, 2 dogs and 1 cat. She is former Ironman Athlete, University field hockey coach and has been a Pilates instructor and personal trainer for 17 years. She has a passion for helping people take their health back into their hands and is inspired every single day by the members of her RESET community.

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Thursday, June 13:

Time: 11:30 am – 1:00 pm

Event: BBQ and Celebration of Public Service and Cultural Diversity

Venue: PAB Courtyard

Please note in the event of rain, this event will be held on Friday, June 14 at the same time

**Monetary donations will be accepted in aid of [Blooming House](#)*

Special Guests:

Mi'kmaq Knowledge Keeper: Julie Pellissier-Lush is a knowledge Keeper, Storyteller, Actor, Bestselling Author of My Mi'kmaq Mother, Poet, Singer, Dancer, Cultural Presenter and the former Poet Laureate of PEI. Julie will kick off the celebration by offering the Indigenous opening prayer for the Heartbeat of Epekwitk to acknowledge that the land we gather on is the

ancestral land of the Mi'kmaq. A symbol of our friendship and respect for the Mi'kmaq as the Indigenous people of PEI.

Vietnamese Dancers: Join us for a vibrant and joyful dance performance set to the lively rhythm of "Trong Com" ("The Rice Drum"), a well-known Vietnamese folk song. "Trong Com" symbolizes Vietnamese agricultural heritage and communal harmony, often performed during festivals to express joy and gratitude. This spirited performance is brought to you by the Vietnamese immigrants of the Provincial Nominee Program, who are passionate about contributing to the community and celebrating the diversity on our beautiful island.

HavenWood Dancers: HavenWood Dancers of the Haven Wood Art Studio are members of the award-winning dance company troupe, Haven Wood Dancers, under the direction of Michelle Banks. They have performed and competed on and off the Island at numerous events and once captured highest mark for group dance at an event in Halifax. They will be performing a variety of styles of dance including Scottish and Irish dancing and novelty dance.

Tai Ji Group: Master Li has been practicing Tai Chi for over twenty years and is proficient in Tai Chi Quan, Tai Chi Fan, and Tai Chi Sword. Since relocating to PEI, Master Li has dedicated himself to promoting Tai Chi and Chinese culture. He consistently recruits enthusiasts who share a passion for Chinese culture and Tai Chi. Before the COVID-19 pandemic, the Tai Chi team had grown to over thirty members. Today, the team comprises individuals from various walks of life who are united by their love for Tai Chi, learning, and growing together.

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Friday, June 14:

Time: 9:30 am – 10:30 am

Event: Coffee break for Youth and Those New to Government

Venue: Famous Fresh Market (Cafeteria) - Basement of Sullivan Bldg., Charlottetown

Join fellow colleagues who are early in their public service career for a coffee break in the cafeteria located in the basement of the Sullivan building. As the Public Service prepares for the changing demographics of the workforce, it is important for those who are young or new public service professionals to come together, connect, and discuss opportunities to continue to uphold the guiding values of *respect, integrity, accountability, and excellence*. Whether you're young, young at heart, or early in your public service career, we welcome you to join us for snacks, refreshments, and engaging discussions.

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Time: 11:30 am – 1:00 pm

Event: Relaxing Reiki/Hand and Neck Massage Session (**10 mins. Max. per employee**)

Venue: Famous Fresh Market (Cafeteria Meeting Room) - Basement of Sullivan Bldg

Please note limit of one treatment per person.

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Activity: Last Day of submitting your Public Service Week [Scavenger Hunt](#) and [Banding Together Challenge](#) nominations via email to psw@gov.pe.ca for a chance to **WIN great prizes!**
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Happy Public Service Week!
2024 PSW Planning Committee