

Career-Coaching Profile

YOU ~ Career/Life Assets

PLAN

FUTURE 2-5 years?

Skills, Abilities, Competencies:

Discuss with manager, mentor, HR; review résumé, career tool kit for resources & websites; borrow LCP Library books such as Richard N. Bolles's *What Color is Your Parachute*

MBTI®/EI etc. (self-awareness tools):

Career tool kit for resources & websites; HR, career counsellor; explore internet (Note: There is a cost associated as most tools require professional administration and debriefing)

Values:

Mentor, career counsellor, manager, LCP Library Richard N. Bolles & Barbara Moses PhD ?

Career/Development Strategy

Operational

(Manager, appraisal, mandatory training)

Developmental

(Compare what you have with what is required)

Options to consider:

- Network/networking
- Mentor/coach
- Associations/committees
- Conferences/tapes/books
- Intranet/Internet
- Language profile

Where do you see yourself in 2-5 years?

Can you name "it" and options; list competencies, skills and/or certification/degree(s) required; HR, <http://publiservice.gc.ca/>

Don't Know?

Leadership competencies
www.psagency-agencefp.gc.ca/default.asp
 (click on The Leadership Network)